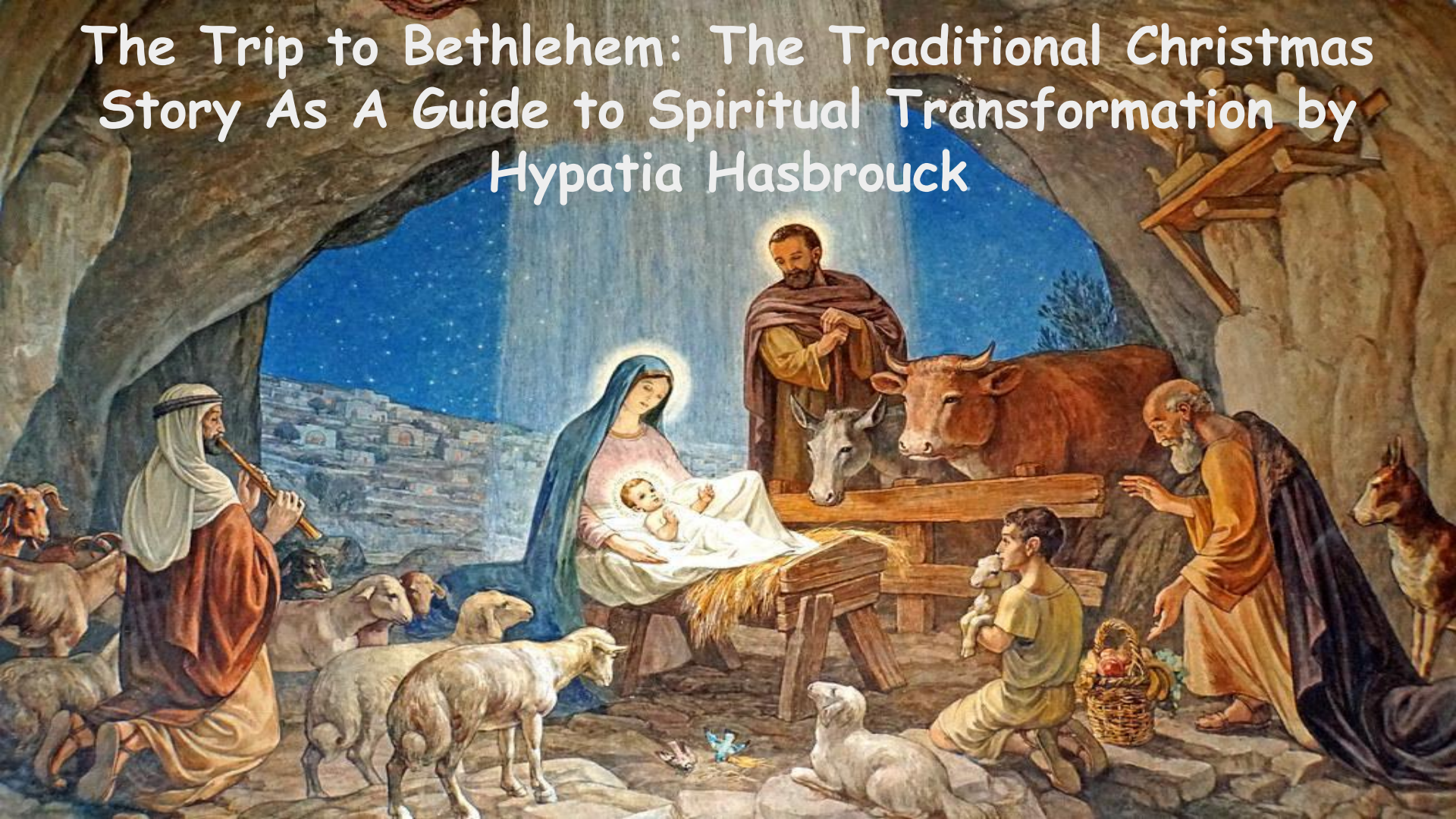


The Trip to Bethlehem: The Traditional Christmas Story As A Guide to Spiritual Transformation by Hypatia Hasbrouck





Foundations for the Journey

Twelve Powers

Spiritual Tools for an Abundant Life

Explore the Powers:

Faith • Strength • Wisdom
Love • Power • Imagination
Understanding • Will • Order
Zeal • Elimination • Life

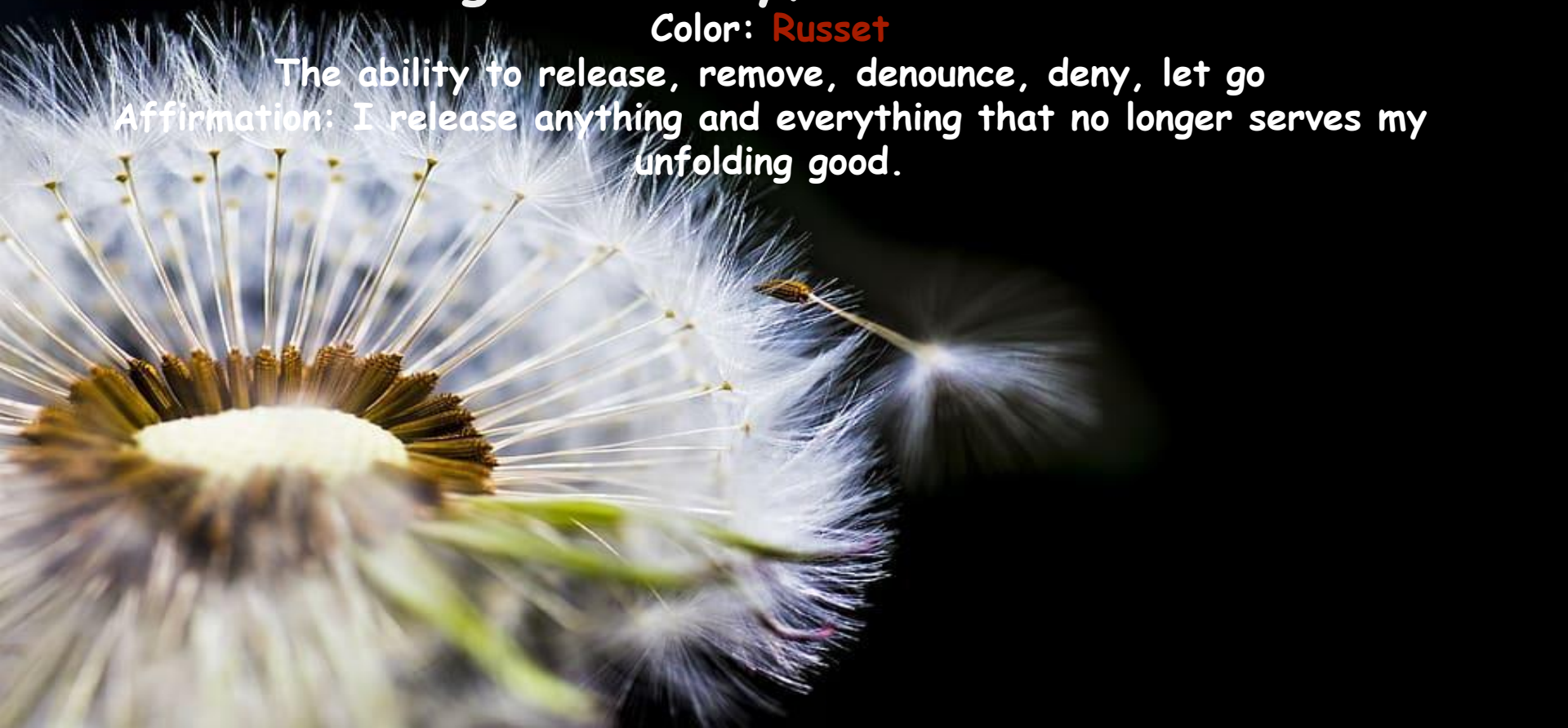


Stage One: Renunciation - Weakening Egocentricity, the Herod

Color: **Russet**

The ability to release, remove, denounce, deny, let go

Affirmation: I release anything and everything that no longer serves my
unfolding good.





Stage Two: Follow the Star - Wisdom

Color: **Yellow**

The ability to evaluate, discern, apply what you know.

Affirmation: I am guided by divine wisdom in every thought, word, and action.



Stage Three: Grace and Understanding

Color: Gold

The ability to know, perceive, comprehend, and apprehend.

Affirmation: My understanding of Truth deepens and directs my life.

Stage Four: Imagination

Color: **Sky Blue**

The ability to image, picture,
conceptualize, envision, dream

Affirmation: I envision good unfolding
in every area of my life.





**Affirmation: Through imagination I am God's
coworker in my transformation.**