

## **Pray and Get Ready: from *Pray Up Your Life Self-Exploration Companion Workbook*, Charline E. Manuel**

We pray and then move into action believing, trusting, knowing the best possible answer will be revealed. In this way, when our prayers are rushing to meet us, we are prepared to receive them.

### **Reflection questions:**

What are you doing now in your life that reveals your level of belief toward the desires for which you are praying?

List any actions you could be taking more, toward your most earnest prayer, but for whatever reason you have not taken?

Finish this sentence with your personal vision that you most desire for yourself:  
Whatever I ask for in prayer...

Write your own positive statement, incorporating the principle of “Pray and Get Ready.” See how many of the words in the Word Search (on the back of this handout) you can include.

## Word Search:

Find and circle the hidden words within the lettering below:

ASK

OPPORTUNITY

DESIRE

MANIFEST

READY

PRAY

PREPARE

CREATE

BELIEVE

POSSIBLE

A	B	E	L	I	E	V	E	Z	M	B	K
C	S	Y	X	Y	A	R	P	S	I	R	L
M	R	K	V	M	R	I	I	N	V	Q	K
G	T	E	U	E	L	B	I	S	S	O	P
J	C	H	A	M	A	N	I	F	E	S	T
M	J	D	Y	T	U	Y	J	H	K	D	L
F	Y	U	F	C	E	R	A	P	E	R	P
R	Y	T	I	N	U	T	R	O	P	P	O

Prayer Anchor: Mark 11:24 (NKJV): Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.

Sources: *Pray Up Your Life* and *Pray Up Your Life Self-Exploration Companion Workbook*, Charline E. Manuel