





Pray Up Your Life

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Rev. Charlene says:

- ▶ Prayer is conscious, intentional communion with God
- ▶ The more time we spend in prayer, the greater our ability to experience God as the loving presence within us.
- ▶ There are many ways to pray!

A pair of hands, one light-skinned and one dark-skinned, are shown cupping a lit candle. The candle is yellow and has a bright flame. The background is dark, and there are green geometric shapes on the right side of the image. The text is overlaid on the image.

Unity Principle 4:

Prayer and meditation connect and align us to our own spiritual nature and to God.

First Things First

- God is the beginning of everything
- Setting an intention to cocreate with the Divine
- Putting God first in our lives and prayers



Genesis 1:1

(KJV)

In the beginning God created the
heaven and the earth.

First Things First: Your thoughts...

What does this mean to you?



First Rely on God

Finally
Remembering
One God



Prayer starters:

- In the beginning, God
- I now acknowledge the Kingdom of God in me/everyone involved/this situation
- I am now consciously aware of God's presence within
- God is strength, I am strength
- God is, I am





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Humility and First Things First

