## "Set Sail, Take Your Journey!"

### Title Breakdown: Lesson Concepts

- Set
- Sail
- Take
- Journey

### Sailing

- Spiritual frequency
- Determination
- Seeing
- Direction

## "Set Sail, Take Your Journey!"

### Seeing

- Looking
- Observing
- Asking
- Intuition
- Meditation
- Affirmation
- Feeling
- Discerning
- Tracking
- Praying
- Anticipating
- Activating and cultivating the 12 powers regularly

#### Excerpt From Unity.Org

Each of us has 12 creative powers that are fundamental to us. These are aspects of our Divine nature. The notion that each of us holds the Divine within us, that we have a spiritual nature along with our humanity, is not new. But most of us don't have a method for developing our spiritual capacities.

Unity cofounder Charles Fillmore, who was strongly influenced by the Transcendental movement, went on a committed spiritual search. It led him to Eastern spirituality, which he integrated with the Christianity of his upbringing. He created the 12-power system more than a century ago. Based on the reality of the divine spark within all people, Fillmore used the disciples of Jesus as exemplars of the 12 powers.

The 12 powers provide a system for soul growth. Our minds can be a link to Spirit through these 12 capacities: wisdom, love, strength, faith, imagination, order, understanding, will, power, zeal, release, and life itself. We can paint the life we want by focusing on, understanding, and cultivating these 12 spiritual powers.

https://www.unity.org/collection/unity-12-powers

## Is there a limit to what we can see? NOt if we SEE it

## Guiding Scriptures That Illuminate Sight Ability and Sight Necessity:

**John 14:3-6** And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also. And whither I go ye know, and the way ye know. Thomas saith unto him, Lord, we know not whither thou goest; and how can we know the way? Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

2nd Timothy 4:7-8 I have fought a good fight, I have finished my course, I have kept the faith: henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing.

**Ephesians 2:10** For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

### My Journey





### Sailing Tool Kit









### Key Interpretation For Spiritual Sailing Tool Kit: Meditation

- Gloves Community
- Water bottle Prayer
- Life Jacket Faith
- Hat Latch—Affirmation
- Binoculars—Engage in seeing and analyzing your progression and path
- Map—12 powers based schedule and calendar

Close: We have a marvelous journey that we can "set sail" in and expect good experiences from, with knowledge of eternal security and future reward! Set sail!

Email me your sailing stories!

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Smooth sailing! Love and Light!