

**Honoring
Our
Mothers**





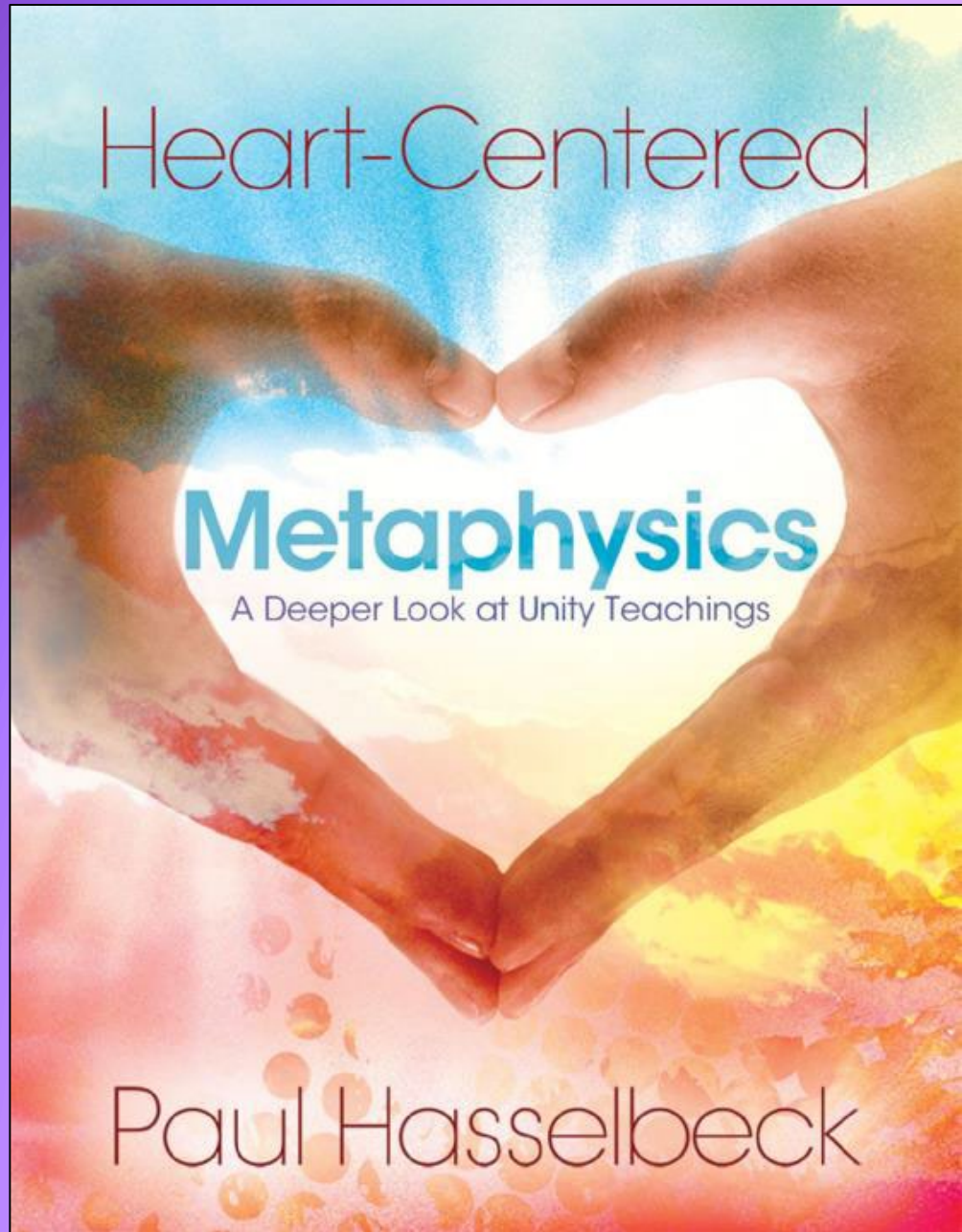
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The Creative Process

- Creativity
- Creation
- Imagination
- A few more powers!



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*Heart-
Centered
Metaphysics*
by Rev. Dr.
Paul
Hasselbeck

Metaphysics

- Beyond the physical
- Unity word for theology
- Explore big questions such as: What is:
 - God?
 - Humanity?
 - Our relationship?

Heart-Centered Metaphysics

- Love
- Compassion
- Courage
- Oneness
- More than a mental exercise!



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Cultural Messages?

- Limited and rare
- Fixed



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Mistaken Beliefs!

- Limited and rare
- Fixed



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Unity Basic Principles

1. God is all good everywhere present
2. All humanity is Divine and inherently good



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Unity Basic Principle 3

- Law of Mind Action
- Thoughts held in mind produce after their kind
- We cocreate our experiences through the power of our thoughts

How do you express creativity?



More Creativity!



Grow Creativity through...

Improving
mood:

- Gratitude practice
- Mindfulness practice



Unity teachings on creativity:

1. Mind – Idea – Expression
2. Everything is created twice
3. Creative process based on Genesis 1-2
 - 7 days of creation
 - Lined up with several Divine Powers

