

Beginning Again

Dallas Talley

Here we are again, seeming what we are again. Have
we come so far again, Are we what we seem?
Here we go again, moving fast and slow again.
Thinking what we know again, Is it just a dream?.

Bonding, allowing, repelling,
How much have we learned?
Consenting, relenting, inventing,
Seeming to have earned.

What new feeling, leads to what new choice?
What word of affirmation speaks
most ably as your voice?

Can we hear again, ready to endear again?
Without doubt and fear again,
Guidance from the one?
Can we try again, without asking why again?
Ready to belie again
Glad for what we've done?

Groping, guessing, hoping, what may we endure?
Attracting, choosing, acting, May we be more sure?
Following, or just wallowing,
So many states of mind are fit to be your guide.

Savoring, or just wavering,
We are all as one invited to decide.
What new feeling leads to what new choice?
What word of affirmation speaks
most ably as your voice?

There's A Power

Elaine Silver

There's a power for good in the universe

And you can use it, if you choose it

There's a power for good in the universe

And you can use it, right now

There's a power for good in the universe

And you can use it, if you choose it

There's a power for good in the universe

And you can use it, right now

And the power of now is calling me

And the power of now brings me all I can be

And the power of now is listening

And beckoning me

There's a power for good in the universe

And you can use it, if you choose it

There's a power for good in the universe

And you can use it, right now

There's a power for good in the universe
And you can use it, if you choose it
There's a power for good in the universe
And you can use it, right now

And the power of I Am is calling me
And the power of I Am brings me all I can be
And the power of I Am is listening
Is beckoning me.

Morning Prayer

Stowe Good

Before the craziness begins
I breathe deep and go within
Here I am an empty cup
I pray God, please fill me up
Help me see your grand design
Lead me to a quiet mind
Right now I have all I need
All that's left to do is breathe

Before the craziness begins
I breathe deep and go within
Here I am an empty cup
I pray God, please fill me up
Help me see your grand design
Lead me to a quiet mind
One more time I breathe you in
Before the craziness begins