## **Standing In the Middle of Your Path**

What an amazing time we are living in, but then in reading about ancient times all times are amazing when you are choosing to live a Spiritual Path.

I am finding the higher I shine the more I am met with resistance, ways humans compete for power using unconscious words of hurt. In the midst of all this why do we choose to live our path? "As you are shifting you will begin to realize you are not the same person you used to be. The things you used to tolerate have now become intolerable. Where you once remained quiet you are now speaking your truth. Where you once battled and argued you are now choosing to remain silent. You are beginning to understand the value of your voice and there are some situations that no longer deserve you time energy and focus."