

# Unity Booklet "Courage To Imagine"

From the Daily Word Sunday September 27, 1981

## Joy

Today joy radiates throughout my entire being

There is power in joy – healing power, harmonizing power, prospering power. Joy is a gift from God, available to each one of us

I affirm joy. In so doing, I feel the joyous life in every cell of my body. Joy promotes life and brings healing where it is needed.

I affirm joy and my spirits are lifted. The inner joy which has perhaps not found expression now wells up from deep within me. I radiate joy to those around me and into every circumstance of my life. Every contact with others becomes smoother and happier.

The abundance of God flows into my life in wonderful ways.

As I affirm joy today I feel a sense of rightness, a sense that all is well. I experience this joy in my mind and body, in every area of my life

Today radiates throughout my entire being.

My spirits are lifted, my needs are met.

*These things I have spoken to you, that my joy may be in you, and that your joy may be full. - John 15:11*