

# Unity Booklet "The Healing Aspect Of Change"

## **No Other Way**

Martha Smock

Could we but see the pattern of our days,  
We should discern how devious were the ways  
By which we came to this, the present time.  
This place in life; and we should see the climb  
Our soul has made up through the years.  
We should forge the hurts, the wanderings, the fears.  
The wastelands of our life, and know  
That we could come no other way or grow  
Into our good without these steps our feet  
Found hard to take, our faith found hard to meet.  
The road of life winds on, and we like travelers go  
From turn to turn Until we come to know  
The truth that life is endless and that we  
Forever are inhabitants of all eternity.

# Change

James Dillet Freeman

I have resisted change with all my will,  
Cried out to life, "Pass by and leave me still."  
But I have found as I have trudged time's track  
That all my wishing will not hold life back.  
Al finite things must go their finite way:  
I cannot bid the merest moment, "Stay".  
So finding that I have no power to change  
Change, I have changed myself. And this is strange.  
But I have found out when I let change come,  
The very change that I was fleeing from  
Has often held the good I had prayed for,  
And I was not the less for change, but more.  
Once I accepted life and was not loath  
To change, I found change was the seed of growth.