

# PRAYER OF PEACE

Rev. Dale Worley

Unity Booklet "The Power of Prayer"

I pause right now wherever I am to take a deep breath, close my eyes, and attune myself to the spirit of peace.

I am aware of a calm and serene Presence that wraps around me, quiets my thoughts, and stills my feelings.

My heart is filled with appreciation as I realize that peace is active and at work in my life and the lives of all others.

As I experience peace and serenity in these precious moments, I radiate peace outward into the world.

I see every person and situation filled with divine love and peace, and I affirm harmony and right relations for all. I know this is the Truth that sets us free, and I am grateful.

Wherever I am, peace is. I am a peaceful presence in the world.