We are all Vibrational Beings. You're like a receiving mechanism that when you set your tuner to the station, you're going to hear what's playing. Whatever you are focused upon is the way you set your tuner, and when you focus there for as little as 17 seconds, you activate that vibration within you. Once you activate a vibration within you, Law of Attraction begins responding to that vibration, and you're off and running – whether it's something wanted or unwanted.

The Universe does not know whether the vibration

that you're offering is because of
something you're observing
or something you're remembering
or something that you are imagining.
It just receives the vibration
 and answers it
with things that match it.
 -Abraham
So, dream a little dream.

-johnny