

New Year Prayer Offbeat Prayers for the Modern Mystic

This is a new year, God – let this be a beginning for me. Let me use each moment as a new and fresh opportunity. Let me fill each moment with awareness and being. I am willing to lay down my past and to walk in the still waters of your peace. Give me your peace.

Grant me self-esteem, so that I might understand the nature of my mistakes without sinking into blame as I seek to correct them. Grant me wisdom, so that I might be a messenger of your truth, without coloring it with my limited personal interpretation. Give me harmony, so that I might shine your brilliant light where discord dwells.

Open my mind to the awareness of your infinite abundance. Open my heart to the awareness of your boundless love. Open my eyes to see the good that surrounds me. Open my ears to hear the divine melody that permeates all. Bring my awareness into your flock and shepherd my thoughts into your fold.. Let my mind rest in your safety. Relax my body. Relieve my sense of urgency and give me the ability to be a human being rather than a human doing. AMEN.