

Mariette Jones' Biography

Mariette Jones, Licensed Unity Teacher, took early retirement (she likes to say rewirement) from the Windsor-Detroit Borderlink (Tunnel) on June 1, 2020. Since then, she has been exploring what it means to facilitate, teach, encourage, empower and inspire from an online presence, mainly in the form of short videos on YouTube and longer classes on Zoom.

Especially passionate about mental and emotional health she has taught on these subjects, as well as on timeless spiritual principles at Unity Spiritual Centre of Windsor. Mariette enjoys sharing her message of wholeness and health with gentleness and compassion, encouraging a spirit of unconditional acceptance.

Rambo and Brown Sugar are her bedmates when hubby goes dutifully into work on the night shift. Her favourite loves, besides kitty cuddles and husband hugs, are poetry, chocolate ice cream and moonlit nights!