Lovin' Sound Ian & Sylvia

Lovin's really living life, you ain't living boy You're just getting up each day and walking around Your world is crying now my friend But give it love and it will mend And, teach you all the music to the lovin sound. Oh, the lovin sound

Lovin's really living life, you ain't living boy You're just getting up each day and walking around Your world is crying now my friend But give it love and it will mend And, teach you all the music to the lovin sound. Oh, the lovin sound The search goes on for dollars And the work goes on for dimes The young ones chase the rainbow Old folks think of younger times You'll never catch a rainbow But Love may come to You Hold it close, don't let it get away You're a loser, if you do

Lovin's really living life, you ain't living boy You're just getting up each day and walking around Your world is crying now my friend But give it love and it will mend And, teach you all the music to the lovin sound. Oh, the lovin sound When in the course of human kindness, it becomes clear the time has come To willingly set aside our blindness, and see the world as one. Nobody here has yet forgotten all of the joys we've ever known And following freely what we feel, we're finding our way home. Shine on....Shine on Steady on....Steady on

We, the People, come together, bringing the best of who we are All we remember, tough and tender, leading with our hearts The future is looking back with love, encouraging every step we take Guiding us through the darkest times, and blessing us on our way Shine on....Shine on, Steady on....Steady on Shine on....Shine on, Steady on....Steady on

Protecting what is gentle, Protecting what is wild Connecting what is living in every woman, man, and child A joyful revelation, the hope comes shining through In the silver singing river, in the rising of the moon Shine on....Shine on Steady on....Steady on

> Where are the ones we've lost forever, leaving a longing in our souls Gathering all this love together, we're setting our sights for home Every road we've ever traveled, all of the wonders near and far All of these gifts come 'round again, and bring us to where we are

Shine on....Shine on , Steady on....Steady on Shine on....Shine on, Steady on....Steady on

When in the course of human kindness, it becomes clear the time has come.....

Hand Upon Your Heart Patricia McKernon

Place your hand upon your heart Set your heart upon your deepest wish Send your wish to the place where the sun begins And you will find peace of mind.

> Place your hand upon your heart Let your heart feel all the love there is Send your love to the place where the moon begins And you will find peace of mind.

Place your hand upon your heart Make your heart as still as still can be Send that calm to the place where the stars begin And you will find peace of mind.

Place your hand upon your heart In your heart, say thanks for all you have Send your thanks to the place where it all begins And you will find peace of mind.