### Life is Consciousness

I came that they may have **life**, and have it abundantly. – John 10:10 (NRSV)

## **Levels of Consciousness:**

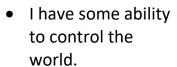
#### Victim consciousness:

When do I go here?

- Everything happens to me!
- I am a victim.
- I have little or no control about what happens to me.
- Example: Why does my line always move slowest at the supermarket?



When do I go here?





- I have some ability to control my thoughts.
- To be a victor, there must be a victim.
- Example: While this line moves slowly, I can read the funny titles in the tabloids.

#### **Vessel consciousness:**

When do I go here?

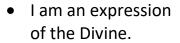
 There is something greater than me.



- I am an instrument or conduit of the Divine.
- The Divine is in me (separation thinking).
- Example: I was called to do this.

# **Verity consciousness:**

When do I go here?





- God shows up as me.
- Example: From my Oneness I know what to do.
- Example: I claim Abundance that is mine by right of Consciousness.

**Sources:** Heart-Centered Metaphysics by Paul Hasselbeck, Applying Heart-Centered Metaphyiscs by Paul Hasselbeck and Cher Holton