

The 12 Powers Grid:

Power: My ability to	Disciple	Holy Woman	Month	Color	Body region	Denial	Affirmation
Faith: Believe, intuit and perceive	Peter	Elizabeth, Mary's cousin and mother of John the Baptist	January	Blue	Center of brain	I release any ideas of separation from my Source.	I am filled with faith. I know the Christ presence in me blesses me in all I do.
Strength: Endure, stay the course, persevere	Andrew	Tamar, daughter-in-law of Judah	February	Spring Green	Loins	If I have thoughts of weakness or victimhood, I gently let those go.	I am strong and fearless. God's Light boldly shines forth in me now.
Wisdom: Evaluate, discern, apply what you know	James son of Zebedee	Salome, wife of Zebedee	March	Yellow	Pit of stomach	I let go of any need to label or blame myself, others or my experience.	I discern Spiritual Truth in all aspects of my life; I unconditionally accept others and myself.
Love: Attract, unify and desire	John	Mary, mother of Jesus	April	Pink	Back of heart	Any sense of discord or conflict evaporates; I let go of resentment, anger and blame right now.	I am a radiating center of God's Love; I am harmony and serenity.
Power: Master, have dominion and control	Philip	Mary Magdalene	May	Purple	Root of tongue	If I have thoughts of powerlessness or hopelessness, I	God is the one presence and power in my life. Divine Power moves through

Sources: Disciples: *The Twelve Powers of Man*, by Charles Fillmore; Holy Women: *The 12 Women of the Chalice*, by Rev. Leddy Hammock
 Denials/Affirmations: Source unknown

The 12 Powers Grid:

Power: My ability to	Disciple	Holy Woman	Month	Color	Body region	Denial	Affirmation
						gently let those go.	me, as me now
Imagination: Image, picture, conceptualize, envision, dream	Bartholomew	Anna the prophet	June	Light Blue	Between the eyes	I refuse to entertain scary, debilitating or weakening thoughts.	I am a co-creator with God. I see only good, and only good comes to me now.
Understanding: Know, perceive, comprehend and apprehend	Thomas	Mary of Bethany	July	Gold	Front of brain	I set aside any confusion or self-doubt	I am wise and intelligent. Knowledge inspires me; I know what to do and how to do it.
Will: Choose, decide, command, lead, determine	Matthew	Martha of Bethany	August	Silver	Center of brain	Right now I release any thought that is out of alignment with the Divine.	Divine Will is my will. I choose right thoughts, words and actions.
Order: Organize, balance, sequence, adjust	James son of Alphaeus	Mary, mother of James	September	Olive Green	Navel	I know there is no wrong choice or path; I let go of the idea of mistakes or failure; everything is a lesson.	My life follows an orderly plan of ever unfolding awareness of my oneness with Source.
Zeal: Be enthusiastic, be passionate, start, motivate	Simon the Canaanite	Ruth, daughter-in-law of Naomi and wife of	October	Orange	Back of head	I let go of any condemning ideas that what I need, want, like or prefer is	I celebrate life! I am joyful every day, knowing that God lives

Sources: Disciples: *The Twelve Powers of Man*, by Charles Fillmore; Holy Women: *The 12 Women of the Chalice*, by Rev. Leddy Hammock
 Denials/Affirmations: Source unknown

The 12 Powers Grid:

Power: My ability to	Disciple	Holy Woman	Month	Color	Body region	Denial	Affirmation
		Boaz				unimportant or shameful.	through me always and in all ways.
Elimination/ Renunciation: Release, remove, denounce, deny, let go	Thaddeus	Bathsheba, David's wife and Solomon's mother	November	Russet / Brown	Abdomen	I release all guilt and unforgiveness toward others and myself.	I let God's peace into my life. I make room for my good!
Life: Energize, vitalize, enliven, animate and invigorate	Judas	Rahab, woman of Jericho who sheltered Israelites	December	Red	Generative organs	A label, diagnosis or condition is not the truth of who I am.	I am vibrantly alive with God. Every cell of my body radiates Divine Love and Light.