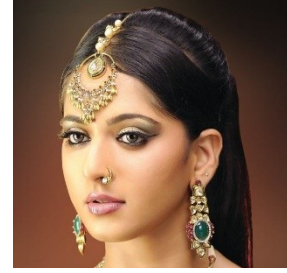


# Understanding

**Understanding:** Spiritual intelligence, it is the faculty by which we receive enlightenment and insight. It is our capacity to gain direct perceptions of Truth. The ability to know, perceive, comprehend, and spiritually see. The power of comprehension, realization, and insight.



**What was my understanding of God when I was a child?  
What is my understanding now? If it has changed, how  
has it changed?**

## **Understanding**

I AM Understanding. I set aside any confusion or self-doubt. I am wise and intelligent. Knowledge inspires me; I know what to do and how to do it. I am Understanding.